



THE GRIFFIN LOUNGE
Bar and Grill

MENU

Lounge

📍 35-37 Anglesea Road, Southampton. SO15 5QH
🌐 www.thegriffinlounge.uk
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Starters

Goat Meat Pepper Soup £13.99

Spicy, aromatic Nigerian soup with tender goat meat cooked with local herbs (uziza, scent leaves, and pepper soup spices).

Mixed Meat Pepper Soup £12.99

Rich, warming soup with beef, tripe, and cow skin, infused with pepper soup spices, scotch bonnet, and scent leaves for layers of flavour.

Full Chicken Wings with Chips £7.99

Crispy, spicy chicken wings paired with golden, salted fries—a classic combo with black pepper, paprika, and garlic.

Wraps

Chicken Wrap £7.99

Grilled chicken, fresh veggies, and creamy sauce wrapped in a soft tortilla for a flavorful meal.

Veg Wrap £7.99

Soft tortilla filled with crisp lettuce, colourful bell peppers, fresh veggies, and a tangy sauce.

Salad

Classic Salad £7.99

A mix of crisp lettuce, juicy tomatoes, cucumbers, and crunchy carrots, dressed to perfection for a light, healthy bite.

Beef or Chicken Salad £8.99

Grilled beef or chicken tossed with fresh greens, tomatoes, cucumbers, and carrots for a protein-packed, flavorful salad.

Burgers

Beef Burger £7.99

A juicy, Aberdeen Angus beef patty, grilled to perfection, layered with fresh lettuce, tomatoes, onions, melted with Jack cheese, caramelised onions, and rich BBQ sauce, all nestled in a soft bun.

Please let us know of any allergies or dietary requirements you have when you order your meal.

Mains

Chicken Curry £12.99

Tender chicken simmered in a fragrant, spiced curry sauce, served with rice.

Fish & Chips £9.99

Non-alcoholic beer-battered fish fillets, served with crushed garden peas, tartar sauce, and crispy skin-on fries.

Tagliatelle Pasta £11.99

Fresh, wide pasta ribbons served with bolognese sauce for a light, flavorful dish.

Natives Dishes

Comes with Pounded, Garri, Amala or Wheat

Bitter Leaf Soup £14.99

Made with freshly washed bitterleaf, seasoned with a blend of aromatic spices and crayfish, creating a delicious balance of bold, earthy flavours and a slightly bitter undertone, served with your preferred protein.

Eforiro £14.99

A flavorful spinach stew made with tomatoes, peppers, spices, crayfish, and your preferred protein.

Egusi Soup £14.99

Made with a smooth blend of ground melon seeds, seasoned with aromatic spices and crayfish, cooked with tender leafy greens, and served with your preferred protein.

Oha Soup £14.99

Made with tender Oha leaves, Anambra ogirisi and crayfish, cooked in a rich palm fruit broth, thickened with cocoyam and served with your preferred protein.

Okro Soup £14.99

Freshly shredded okra, seasoned with a blend of aromatic spices and crayfish, creating a delicious balance of bold, earthy flavors, served with your preferred protein.

Vegetable Soup £14.99

Freshly shredded vegetables, seasoned with a blend of aromatic spices and crayfish, creating a delicious balance of bold, earthy flavors, served with your preferred protein.

Amala with Ewedu & Gbegiri £14.99

Soft, smooth Amala served with slimy, savoury Ewedu soup made from the tender leaves of the jute plant, paired with Gbegiri—bean soup made from ground black-eyed beans, seasoned with spices and palm oil.

Gizzard Sauce £12.99

Tender gizzards cooked in a spicy, savoury sauce.

Gizdodo £12.99

Fried plantains and gizzards combo cooked in a spicy, tangy sauce.

Assorted Meat PepperSoup £12.99

Spicy, aromatic Nigerian soup with a mix of assorted meats cooked with local herbs (uziza, scent leaves, crayfish, and pepper soup spices).

Nkwobi £15.99

Traditional Nigerian dish made from cow feet cooked in a rich, spicy sauce of palm oil, potash, crayfish, and seasonings.

Isi Ewu £18.99

Flavorful tender goat head dish made from the head of a goat, cooked with spices, peppers, crayfish, palm oil, and garnished with onions, utazi leaves, and a generous drizzle of spicy palm oil sauce. Served with a side of spicy pepper sauce.





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Natives Dishes

Peppered Meat

£11.99

Tender meat chunks cooked in a spicy, flavorful sauce.

Peppered Pomo

£11.99

Tender cow skin chunks cooked in a spicy, flavorful sauce.

Assorted Meat Stew

£12.99

Rich, savoury stew made with a mix of meats, slow-cooked in a flavorful tomato-based sauce.

Smoked Fish Part

£8.99

A flavorful and aromatic delicacy made from fish carefully smoked to perfection, with a rich, deep taste and a slightly crispy texture.

Suya

£12.99

Grilled meat seasoned with a spicy, aromatic mixture, marinated and cooked to perfection, leaving a smoky, savory flavor with a hint of heat.

Chicken Porridge

£17.99

Tender chicken seasoned broth made with vegetables and spices for added flavour.

Nigerian Indomie

£5.99

Instant noodles cooked with peppers, onions, meats or vegetables in a spicy broth.

Peppered Snail

£20.99

Snails cooked in a spicy, flavorful sauce.

Whole Grilled Fish

£20.99

Whole fish seasoned and grilled to perfection, served with a side of flavorful sauce and vegetables.

Mains Meals

All main meals come with beef or chicken.

White Rice and Stew

£14.99

White rice served with rich, flavorful tomato stew, made of tomatoes, pepper and onion well seasoned with a blend of aromatic herbs and spices.

Jollof Rice

£13.99

Savoury one pot rice dish infused with a bold flavour of tomato, pepper and onion well seasoned with a blend of aromatic herbs and spices, slowly cooked to perfection.

Fried Rice

£13.99

Stir-fry pre-cooked rice, with a variety of juicy and crisp vegetables, a unique and delicious twist to a classic dish.

Kids

Pasta

£4.99

Soft, tender pasta served with a mild juicy tomato-based sauce.

Beef Burger

£4.99

Juicy, Aberdeen Angus mini beef patty, grilled to perfection, layered with fresh lettuce, tomatoes, onions, and melted with Jack cheese, caramelised onions, and rich BBQ sauce, all nestled in a soft bun.

Sides (Extras)

Chips

£2.99

Crunchy, golden fries—crispy on the outside and tender on the inside.

Cheesy Chips

£3.99

Crispy fries smothered in melted cheese.

Puff puff x10

£6:00

Soft, fluffy, deep-fried dough balls, lightly sweetened and golden-brown.

Spring rolls x4

£3:99

Thin crispy rolls filled with a savoury mix of spiced beef and vegetables, often served with a tangy dipping sauce for extra flavour.

Plantain

£1:99

Sweet, fried plantain, golden and caramelized.

Yam Chips

£3:99

Crispy, thin slices of yam, fried to perfection

Pounded Yam

£4:00

Made from yam, served as a soft, stretchy dough. Perfectly paired with soups or stews.

Garri

£4:00

Made from fermented cassava as granular powder, served as a soft, smooth dough. Perfectly paired with soups or stews.

Amala

£4:00

Made from yam flour, cooked into a dark, smooth, stretchy dough. Perfectly paired with soups or stews.

Fufu

£4:00

Made from cassava, served as a soft, stretchy dough. Perfectly paired with soups or stews.

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